

Psikolojik Reaktans Ölçüm Anketi

Değerli Öğrencimiz,

Aşağıda tepkisellik (Reaktans) belirlenmesine ilişkin sorular bulunmaktadır.

Soruları dikkatlice okuyup size uygun olan **sadece bir seçeneği işaretleyiniz**.

Veriler araştırma için kullanılacağından ankete isim yazmanıza gerek yoktur.

İlginize teşekkür ederiz.

[vaka vinyeti]	kesinlikle katılıyorum	katılıyorum	kararsızım	katılmıyorum	kesinlikle katılmıyorum
1. Kurallar ve yükümlülükler içimde kuvvetli direnme gücü uyarıyor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Başkalarına karşı gelmek beni cezbediyor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Yasaklamalara genellikle „işte şimdi her zamankinden daha fazla“ diye tepki veriyorum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. „Başkalarına bağımlı olmak“ düşüncesi bana rahatsızlık veriyor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Nasihatlar bana emretmek gibi geliyor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Birisi bana zaten kendiliğinden anlaşılan şeyleri yapmamı gerektiğini söyleyince çok sinirleniyorum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Sadece birileri benim yapmamı beklediği için, o işi yapma şevkini yitiriyorum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Karar verme özgürlüğüm kısıtlanmaya çalışılırsa hassas davranırım.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Öneriler ve tavsiyeler beni aksini yapmaya özendiriyor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Sadece kendi isteğimle yaptığım şeyleri, gerçekten başarabiliyorum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Beni etkileme çabalarına karşı enerjik bir şekilde direniyorum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Başka biri bana örnek olarak gösterildiğinde sinirleniyorum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Questionnaire for the Measurement of Psychological Reactance

Dear students,

here are some questions who want ask you for the reactance. Please read the questions and select one choice.

Your information will be used anonymously and therefore the name is not necessary.

Thank you for participating in our survey!

[case vignette]	strongly agree	agree	neither agree nor disagree	disagree	strongly disagree
1. I react strongly to duties and regulations.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I get a kick out of contradicting others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. When told not to do something, my reaction is "Now I'll do it for sure."	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. The thought of being dependent on others is unpleasant to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. When given advice I take it more like a demand.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. It makes me angry when someone points out things which are obvious to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Often I lose enthusiasm for doing something just because others expect me to do it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I get very irritated when someone tries to interfere with my freedom to make decisions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Suggestions and advice often make me do the opposite.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. I only succeed in doing things well if I do them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. I resist attempts of others to influence me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. I get annoyed when someone else is put up as an example for me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Fragebogen zur Messung der psychologischen Reaktanz

Liebe Schülerinnen und Schüler,

Im Folgenden werden einige Fragen aufgelistet, welche die Reaktanz erfragen wollen.

Bitte lesen Sie die Fragen aufmerksam durch und wählen Sie jeweils eine Auswahlmöglichkeit.

Ihre Angaben werden anonymisiert für die Wissenschaft verwendet, daher ist kein Name notwendig.

Vielen Dank für die Teilnahme an unserer Umfrage!

[Fallvignette]	trifft zu	trifft eher zu	teils-teils	trifft eher nicht zu	trifft nicht zu
1. Vorschriften und Verpflichtungen erwecken in mir starke Widerstände.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Es reizt mich, anderen zu widersprechen.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Auf Verbote reagiere ich mit einem „Jetzt-erst-recht“.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Von anderen abhängig zu sein, ist mir sehr unangenehm.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Ratschläge erlebe ich leicht als Bevormundung.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Es ärgert mich sehr, wenn mich jemand auf Dinge hinweist, die im Grunde selbstverständlich sind.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Ich verliere die Lust, etwas zu tun, wenn andere es von mir erwarten.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Ich reagiere sehr empfindlich, wenn jemand versucht, meine persönliche Entscheidungsfreiheit einzuengen.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Ratschläge und Empfehlungen verleiten mich dazu, das Gegenteil zu tun.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Nur Dinge, die ich freiwillig tue, gelingen mir wirklich gut.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Beeinflussungsversuchen widersetze ich mich energisch.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Es ärgert mich, dass mir eine andere Person als Vorbild hingestellt wird.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>